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## MENTEE SELF-STUDY: **MAXIMIZING SUCCESS AS A MENTEE**

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### **START HERE...**

View [Mentee Self-Study Introduction Video](#) with Professor Becky Reichard.

#### **I. WHAT IS MENTORING? (1 hr.)**

- a) Download [Mentee Self-Study Part I Slideshow](#).
- b) Read, when prompted in the slideshow, [POLARIS Mentoring Expectations and Guidelines](#).
- c) Read the article, when prompted in the slideshow, "[5 Ways to Get the Most Out of Your Mentor Relationship](#)."
- d) Read the article, when prompted in the slideshow, "[4 Things to Look for in a Mentor](#)."
- e) Complete the [activity to help Carla](#) prepare to be a mentee.

#### **II. PHASES OF MENTORING AND KEY MENTEE BEHAVIORS (2 hrs.)**

- a) Download the [Mentee Self-Study Part II Slideshow](#).
- b) Read the article when prompted in the slideshow, "[How to be a Great Mentee](#)."
- c) Read the article when prompted in the slideshow, "[Personal Agency in Leadership Development](#)."
- d) Read the article when prompted in the slideshow, "[4 Questions You Should Ask Your Mentor](#)."
- e) Complete the [activity to help Carla](#) engage in the three phases of mentoring.
- f) Complete the [Mentee Session 1 Worksheet](#) in advance of your first meeting with your Mentor.



**Feedback Survey (10 min)**. Please provide your [feedback about this module](#).

### **CONGRATULATIONS!**

**You have now completed your Self-Study training  
to become a mentee on POLARIS.**

For general assistance, please contact [mli@cgu.edu](mailto:mli@cgu.edu).